

AMERICAN COLLEGE OF CARDIOLOGY  
PUERTO RICO CHAPTER

21<sup>ST</sup> ANNUAL MEETING  
AND SCIENTIFIC SESSION

DEDICATED TO  
AMALIA MARTÍNEZ PICÓ, MD, FACC

CARDIOLOGY  
IN THE TROPICS



MAY 28-30, 2010  
THE RITZ CARLTON HOTEL  
SAN JUAN, PUERTO RICO

# Greetings from the Puerto Rico Chapter of the ACC



## 21st Annual Meeting and Scientific Session

Last January 2009 we celebrated the 20<sup>th</sup> convention with great success. It was entitled "Meet the Masters". This unprecedented event was received with incredible satisfaction when we were able for the first time in history gather in a chapter's convention ten of the most renowned MACC of the world. Memories are shared in the photo section in our Internet page.

This year the Puerto Rico (PR) Chapter celebrates its 21<sup>st</sup> Meeting on May 28-30 at the Ritz Carlton Hotel in Isla Verde. As always interesting and updated cardiology topics are the rule. This year the meeting is entitled *CARDIOLOGY IN THE TROPICS*. The convention is dedicated to our foremost renowned pediatric cardiologist Dr. Amalia Martínez Picó. Her outstanding legacy in the education of our pediatric cardiologists, management of the PR childhood cardiovascular diseases and her dedication to the welfare of the PR health status earns her this distinction.

Topics to be covered this year range from: Women and Heart Diseases, Type 2 Diabetes and Cardiovascular Diseases, Cardiac Arrhythmia, Depression and Cardiovascular Diseases, Left Ventricular Support Devices, Therapies in Acute STEMI, Pulmonary Hypertension, Atrial Fibrillation, Development of New Devices (ICD/PPM), Diet, Exercise, Herbs and Supplements, Lead Extraction, and Surgical Therapy of Tricuspid Disease, among others

In addition Dr. Ralph Brindis, ACC President, will honor us with his presence and will address a lecture on the National ACC present status.

Besides our cardiovascular convention, the 4<sup>th</sup> Cardiac Care Associates (CCA) convention is celebrated concomitantly. The meeting is composed of 3 days of interesting CCA topics and workshops. These workshops will cover pacemakers, arrhythmias and ICD diagnostics among others. As in the past year we will be delighted to have the first ACC FACC Dr. Eileen Handberg as part of the faculty. The National Co-Chair CCA representative to the ACC, Margo Minissian will also be one of our keynote speakers in addition to our local CCA experts.

The Chapter's Convention will include as always our daily social events for the family, local Ritz Carlton amenities, daily parties and scheduled island scenery tours. An important event this year is the induction of Dr. Luis Rodríguez-Ospina, who will serve as new President and Governor of the PR Chapter for the next three years. The local chapter scientific committee and governing board welcomes you and your family to celebrate with us this outstanding event.

Cordially,

A handwritten signature in black ink, appearing to read 'José R. Rivera Del Río', written over a light blue horizontal line.

**José R. Rivera Del Río, MD, FACP, FACC**  
President and Governor  
PR ACC Chapter

# Chapter Officers

## **President and Governor**

José R. Rivera del Río, MD, FACC

## **President Elect**

Luis Rodríguez Ospina, MD, FACC

## **Immediate Past President**

Jorge Ortega-Gil, MD, FACC

## **Secretary – Treasurer**

Eduardo J. Viruet, MD, FACC

## **Councillors**

Wistremundo Dones, MD, FACC (Carolina)

Mario R. García Palmieri, MD, MACC (San Juan)

José Martínez Barroso, MD, FACC (Guaynabo)

Marcos Velázquez, MD, FACC (Ponce)

## **Cardiology Fellows in Training Delegate**

Juan C. López Mattei, MD

## **ACC Puerto Rico Chapter Executive Director**

Eurencia Georgina Olmo Tubens, BA

## **Cardiac Care Associates**

### **President**

Miriam Nieto, PhD, RN, CCA

### **Secretary-Treasurer**

Abigail Matos, DNP, ANPC, RN, CCA

# Scientific Committee

## **President**

Luis F. Rodríguez Ospina, MD, FACC

## **Members**

Mario R. García-Palmieri, MD, MACC

Esteban Linares, MD, FACC

José Eugenio López, MD, FACC

Arturo Medina, MD, FACC

Jorge Ortega-Gil, MD, FACC

José R. Rivera Del Río, MD, FACC

Orlando Rodríguez Vilá, MD, FACC

# AMALIA MARTINEZ PICO, MD, FACC



Dr. Amalia Martínez Picó graduated with honors, as a member of the second class of the School of Medicine of the University of Puerto Rico in 1955, receiving the RUIZ ARNAU award and admitted to the ALPHA OMEGA ALPHA Honor Society.

She did a rotating internship at the San Juan Municipal Hospital, where she was awarded the honor of Intern of the Year.

The Director of the Department of Pediatrics, Dr. Antonio Ortiz, convinced Dr. Martínez Picó to pursue a double specialty.

These trainings included a residency in pediatrics followed by training in Pediatric Cardiology at the Kansas University Medical Center in 1959, thus becoming the first formally trained Pediatric Cardiologist in Puerto Rico.

She returned to the Department of Pediatrics as an Instructor. She accepted the responsibility of establishing and developing the clinical pediatric cardiology service, as well as the cardiology educational programs for residents and medical students.

She secured the funds for the establishment of a non-invasive cardiovascular unit and for the first heart catheterization laboratory dedicated to children. This included biplane angiocardiology, basic electrophysiologic studies, pacemaker's implantation and life saving procedure such as atrial septostomy.

Dr. Amalia Martínez Picó obtained a donation of the Variety Club for the development of the first Pediatric Intensive Care Unit.

She established a unique dental service program for high risk cardiovascular patients that continue to be part of the School of Dental Medicine.

In 1970 Dr. Amalia Martínez Picó, designed, organized and obtained the financial resources to establish the Regional Medical Pediatric Cardiovascular Program for the prevention of Rheumatic fever in Puerto Rico, known as Coralito. As part of this initiative, studies of children with hypertension were done in collaboration with the Food and Drug Administration.

She collaborated with Dr. Luis Soltero Harrington in the management of pediatric surgical procedures in newborns with intractable heart failure.

Dr. Martínez Picó established the first training program in Pediatric Cardiology at the University of Puerto Rico.

At the School of Medicine she was promoted to Professor of Pediatrics. In 1985 she served as Dean of Academic Affairs of the University of Puerto Rico Medical Sciences Campus, providing an invigorating and innovative leadership and establishing educational program and research in AIDS and an information technology center.

In addition to her academic endeavors, in 1960 she established a private practice in Hato Rey where she continues to treat her patients.

Dr. Martínez Picó was recipient of many awards including the 1969 Cardiologist of the year, awarded by the Puerto Rico Heart Association; 1986 Distinguished Professional Woman of the Year awarded by the Association of Professional Women of Puerto Rico, the 1987 Medal for Excellence in Pediatric Cardiology awarded by the Puerto Rico Pediatric Association. In 1987 the Academic Senate of the Medical Sciences Campus of the University of Puerto Rico honored Dr. Martínez Picó for her valuable contribution to the Pediatric Cardiology. In the 2009 XXII Inter-American Congress of Cardiology honored Dr. Amalia Martínez Picó by dedicating her a Symposium entitled "Congenital Cardiovascular Disease from the Fetus to Adult".

In view of her outstanding achievements and her professional contributions to pediatric cardiology the Puerto Rico Chapter of the American College of Cardiology dedicates this meeting to her.

# Guest Faculty

## **C. Noel Bairey Merz, MD, FACC**

Chair, Women's Guild Endowed  
in Women's Health  
Director of the Women's Heart Center  
Director Preventive and Rehabilitative  
Cardiac Center  
Professor of Medicine  
Cedars-Sinai Medical Center  
Los Angeles, CA

## **Ralph G. Brindis, MD, MPH, FACC, FSCAI**

President, American College  
of Cardiology  
Senior Advisor for  
Cardiovascular Disease  
Northern California Kaiser  
Clinical Professor of Medicine  
University of California  
San Francisco, CA

## **Kenneth Ellenbogen, MD, FACC**

Vice-Chairman of Cardiology  
Professor of Medicine  
Director, Clinical Cardiac  
Electrophysiology and Pacing  
VCU's MCV Campus and the McGuire  
Veterans Administration Medical Center  
Virginia Commonwealth University  
Richmond, VA

## **Patrick M. McCarthy, MD**

Chief, Division of Cardiothoracic Surgery  
Co-Director, Bluhm  
Cardiovascular Institute  
Heller-Sacks Professor of Surgery  
Northwestern University Feinberg  
School of Medicine  
Chicago, IL

## **William Miles, MD, FACC**

Division of Cardiovascular Medicine  
Professor of Medicine  
Director, Clinical  
Cardiac Electrophysiology  
University of Florida  
Gainesville, FL

## **Donna M. Polk, MD, MPH, FACC**

Director Preventive Cardiology  
Director Women's Heart Program  
Hartford Hospital  
Hartford, CT

## **Jeffrey Popma, MD, FACC**

Director, Interventional Cardiology  
Director, Interventional Cardiology  
Fellowship Training Program  
Brigham and Women's Hospital  
Boston, MA

## **John S. Rumsfeld, MD, PhD, FACC, FAHA**

Staff Cardiologist  
Cardiovascular outcomes researcher  
at the Denver Veterans Administration  
Medical Center  
Associate Professor of Medicine  
University of Colorado  
Health Sciences Center  
Denver, CO

## **Benjamin M. Scirica, MD, MPH, FACC**

Associate Physician  
Instructor of Medicine  
Brigham & Women's Hospital  
Boston, MA

## **James E. Tcheng, MD, FACC, FSCAI, FESC**

Professor of Medicine  
Associate Professor of Community and  
Family Medicine  
Duke University Medical Center  
Durham, NC

# Local Participants

**Alvarado Aranda, MD**

Staff Pneumologist  
Assistant Professor  
University of Puerto Rico School of Medicine  
San Juan, PR

**Enrique Carrión, MD**

Pediatric Cardiologist  
Assistant Professor  
University of Puerto Rico School of Medicine  
San Juan, PR

**Jorge Leavitt Caraballo, MD**

Fellow in Cardiovascular Diseases  
University Hospital  
San Juan, PR

**Francisco J. Lefebre Llavona, MD**

Fellow in Cardiovascular Diseases  
University Hospital  
San Juan, PR

**Alejandro López-Mas, MD**

Fellow in Cardiovascular Diseases  
Veterans Administration Caribbean Healthcare System  
San Juan, PR

**Héctor Martínez González, MD**

Fellow in Cardiovascular Diseases  
Veterans Administration Caribbean Healthcare System  
San Juan, PR

**Edwin Rodríguez-Cruz, MD**

Assistant Professor, Department of Pediatrics  
San Juan Bautista Medical School and Medical Center  
Caguas, PR

**Teodosio Rucabado, MD**

Head Cardiology Section  
Auxilio Mutuo Hospital  
President of the Cardiology Chapter  
Colegio de Médicos Cirujanos de Puerto Rico  
San Juan, Puerto Rico

# Educational Objectives

## **Target Audience**

This activity has been designed for cardiologists, cardiology fellows in training, cardiology nurses, internists, pharmacists, and other physicians interested / involved in the cardiology field.

## **Need Assessment**

The Puerto Rico Chapter of the ACC on its 21st Annual Scientific Meeting is committed to provide the most updated information regarding the management of complex cardiovascular diseases. A well balanced scientific program has been developed emphasizing on new technologies and developments for the management and prevention of cardiovascular disease. The program will meet the real educational needs of internist and cardiologist physicians.

## **Objectives for the 2010 ACC PR Chapter Scientific Meeting**

- 1) Understand the new developments in device therapy
- 2) Recognize the indication for permanent pacemaker lead extraction
- 3) Review the importance of diets, exercise, herbs and supplements in patients with cardiovascular disease
- 4) Review the detection, evaluation and management of women heart disease
- 5) Gain awareness on health information technologies in 2010
- 6) Understand the indications for atrial fibrillation ablation
- 7) Recognize complex cardiac arrhythmias
- 8) Review the diagnosis and management of pulmonary hypertension
- 9) Gain awareness in the concepts of transactional quality and management
- 10) Understand the state and future of the ACC-NCDR
- 11) Review the new antithrombotic therapy for acute coronary syndromes
- 12) Demonstrate how to implement the cardiovascular guidelines into the daily practice.

## **Faculty Disclosure Policy**

It is the policy of Ponce School of Medicine to ensure independence, balance, objectivity, scientific rigor and integrity in all of its sponsored educational activities. All persons who are in a position to control the educational content of a sponsored activity are expected to disclose to the participants any relevant financial relationship(s) they and/or spouse/partner have with the commercial supporters and/or providers of commercial services and/or manufacturers of any commercial products discussed during the educational activity. All conflicts of interest have been identified and resolved prior to the release of this activity.

# Accreditation

This activity is jointly sponsored by The Ponce School of Medicine and the Puerto Rico Chapter of the ACC.

## **Accreditation Statement**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Ponce School of Medicine and the Puerto Rico Chapter of the ACC. Ponce School of Medicine is accredited by the ACCME, Provider's No. 0007249, to provide continuing medical education for physicians. Ponce School of Medicine is accredited by the Puerto Rico Board of Medical Examiners, provider's No. 016-SE06-TEM

## **Credit Designation**

The Ponce School of Medicine designates this educational activity for a maximum of 20 AMA PRA Category 1 Credit(s)<sup>™</sup>. Participating physicians, nurses, technicians and pharmacists should only claim credit commensurate with the extent of their participation in the activity.

## **Americans with Disabilities Act**

The Ponce School of Medicine and the Puerto Rico Chapter of the ACC fully comply with the legal requirements of the ADA and rules and regulations thereof.

## **Statement of Responsibility/Unlabeled Use Disclosure**

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The opinions or views expressed in this CME activity are those of the presenters and do not necessarily reflect the opinions or recommendations of their affiliated institutions, The Ponce School of Medicine, or the Puerto Rico Chapter of the ACC. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

## **Educational Grants Support**

This activity is supported in part by an educational grant from:

1. AstraZeneca
2. Gilead Sciences
3. Lilly USA, LLC - For further information concerning Lilly grant funding visit, [www.lillygrantoffice.com](http://www.lillygrantoffice.com)
4. Merck
5. Sanofi-Aventis

# Scientific Meeting

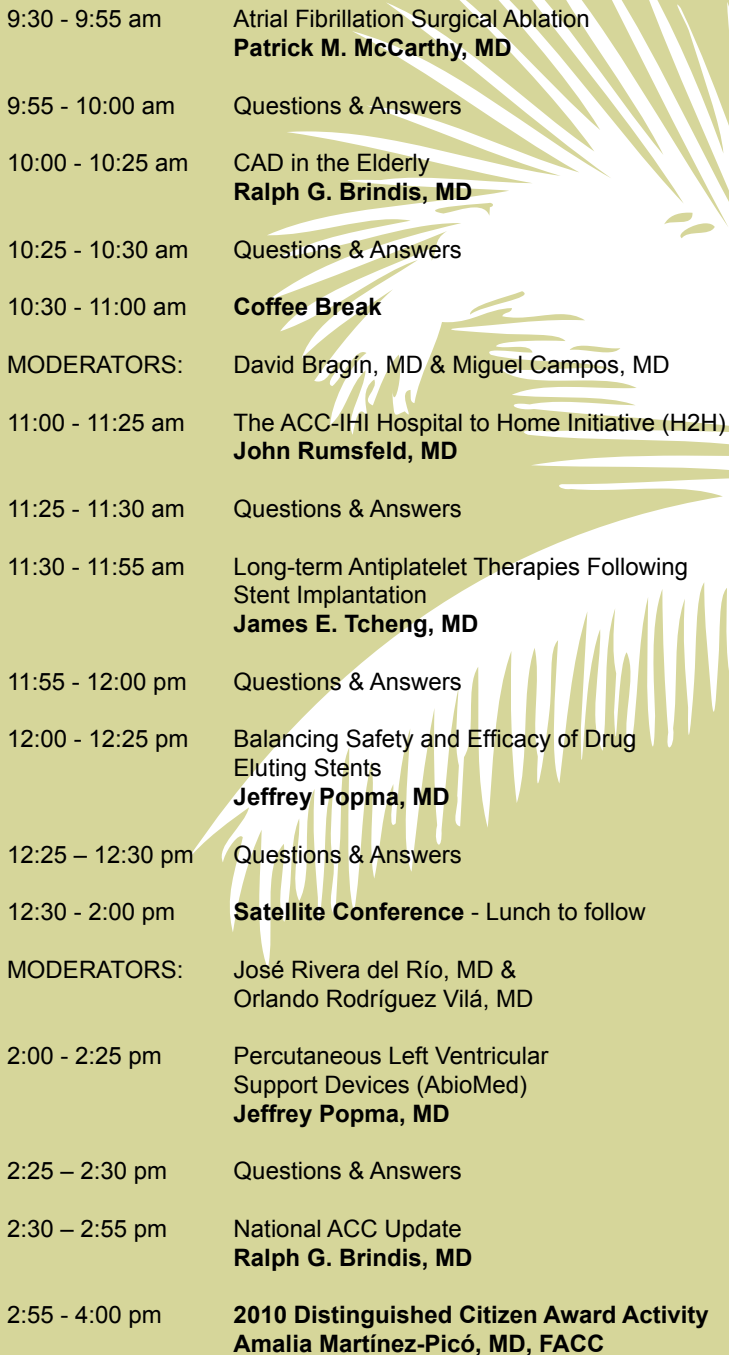
FRIDAY MAY 28, 2010

7:45 - 8:45 am	Registration & Continental Breakfast
8:45 - 9:00 am	Introduction and Welcoming Remarks <b>José Rivera del Río, MD, FACC</b> President & Governor
MODERATORS:	Carlos Girod, MD & Nélica González, MD
9:00 - 9:25 am	Women and Heart Disease 2010: Detection, Evaluation and Management <b>C. Noel Bairey Merz, MD</b>
9:25 - 9:30 am	Questions & Answers
9:30 - 9:55 am	The Convergence of Type 2 Diabetes and Cardiovascular Disease Part I <b>Donna M. Polk, MD</b>
9:55 - 10:00 am	Questions & Answers
10:00 - 10:25 am	The Convergence of Type 2 Diabetes and Cardiovascular Disease Part II <b>Donna M. Polk, MD</b>
10:25 - 10:30 am	Questions & Answers
10:30 - 10:55 am	EKG Diagnosis of Wide QRS Tachycardia William Miles, MD
10:55 - 11:00 am	Questions & Answers
11:00 - 11:30 am	<b>Coffee Break</b>
MODERATORS:	Juan C. López Mattei, MD & Francisco Pérez Gil, MD
11:30 - 11:45 am	Takayasu's Arteritis: An Idiopathic Vasculitis in the Young <b>Francisco J. Lefebre Llavona, MD</b> - Fellow UDH
11:45 - 12:00 n	Subacute Stent Thrombosis: The Uncertain Role of Clopidogrel Resistance <b>Héctor Martínez González, MD</b> - Fellow VACHS

12:00 - 12:25 pm	The Sad Truth about Depression and Cardiovascular Disease <b>John Rumsfeld, MD</b>
12:25 - 12:30 pm	Questions & Answers
12:30 - 12:55 pm	New Developments in Device Therapy <b>Kenneth Ellenbogen, MD</b>
12:55 - 1:00 pm	Questions & Answers
1:00 - 1:25 pm	Antithrombotic Therapies in Acute ST Elevation Myocardial Infarction <b>James E. Tchong, MD</b>
1:25 - 1:30 pm	Questions & Answers
1:30 - 2:00 pm	Congenital Heart Disease in the Adult <b>Enrique Carrión, MD</b>
1:25- 2:00pm	Questions & Answers
2:00 - 3:00 pm	<b>Satellite conference</b> – Lunch to follow

## SATURDAY MAY 29, 2010

7:30 - 8:00 am	Registration
7:00 – 7:45 am	Breakfast Symposium
MODERATORS:	Raúl García Rinaldi, MD & Juan C. Sotomonte, MD
8:00- 8:25 am	Pulmonary Hypertension Imaging and Diagnosis <b>Teodosio Rucabado, MD</b>
8:25- 8:30 am	Questions & Answers
8:30 - 8:55 am	Pulmonary Hypertension Treatment <b>Alvarado Aranda, MD</b>
8:55 - 9:00 am	Questions & Answers
9:00 - 9:25 am	Atrial Fibrillation Ablation: Myths and Realities <b>William Miles, MD</b>
9:25 – 9:30 am	Questions & Answers



9:30 - 9:55 am	Atrial Fibrillation Surgical Ablation <b>Patrick M. McCarthy, MD</b>
9:55 - 10:00 am	Questions & Answers
10:00 - 10:25 am	CAD in the Elderly <b>Ralph G. Brindis, MD</b>
10:25 - 10:30 am	Questions & Answers
10:30 - 11:00 am	<b>Coffee Break</b>
MODERATORS:	David Bragán, MD & Miguel Campos, MD
11:00 - 11:25 am	The ACC-IHI Hospital to Home Initiative (H2H) <b>John Rumsfeld, MD</b>
11:25 - 11:30 am	Questions & Answers
11:30 - 11:55 am	Long-term Antiplatelet Therapies Following Stent Implantation <b>James E. Tcheng, MD</b>
11:55 - 12:00 pm	Questions & Answers
12:00 - 12:25 pm	Balancing Safety and Efficacy of Drug Eluting Stents <b>Jeffrey Popma, MD</b>
12:25 - 12:30 pm	Questions & Answers
12:30 - 2:00 pm	<b>Satellite Conference</b> - Lunch to follow
MODERATORS:	José Rivera del Río, MD & Orlando Rodríguez Vilá, MD
2:00 - 2:25 pm	Percutaneous Left Ventricular Support Devices (AbioMed) <b>Jeffrey Popma, MD</b>
2:25 - 2:30 pm	Questions & Answers
2:30 - 2:55 pm	National ACC Update <b>Ralph G. Brindis, MD</b>
2:55 - 4:00 pm	<b>2010 Distinguished Citizen Award Activity</b> <b>Amalia Martínez-Picó, MD, FACC</b>

## SUNDAY MAY 30, 2010

- 8:00 - 9:00 am Registration & Continental Breakfast
- MODERATORS: Wistremundo Dones, MD & Luis Molinary, MD
- 9:00 - 9:25 am Lead extraction: Who, What, When  
**Kenneth Ellenbogen, MD**
- 9:25 - 9:30 am Questions & Answers
- 9:30 - 9:55 am Diets, Exercise, Herbs and Supplements:  
What Works?  
**C. Noel Bairey Merz, MD**
- 9:55 - 10:00 am Questions & Answers
- 10:00 - 10:15 am Effective Management of Acute Saphenous  
Graft Thrombosis  
**Alejandro López-Mas, MD** - Fellow VACHS
- 10:15- 10:30am An unusual cause of dyspnea in an 82 year  
old woman  
**Jorge Leavitt Caraballo, MD** - Fellow UDH
- 10:30 - 10:35 am Questions & Answers
- 10:35 – 11:00 am **Coffee Break**
- MODERATORS: Ana Finch, MD & Ernesto Soltero, MD
- 11:00 - 11:25 am Interventional Cardiology in Adult Congenital  
Heart Disease  
**Edwin Rodríguez, MD**
- 11:25 - 11:30 am Questions & Answers
- 11:30 - 12:25 pm Tricuspid: New Information and Surgical Results  
**Patrick M. McCarthy, MD**
- 12:25 - 12:30 pm Questions & Answers
- 12:30 – 12:55 pm Antiplatelet Therapy: Past, Present, and Future  
**Benjamin M. Scirica, MD**
- 12:55 -1:00 pm Questions & Answers
- 1:00 – 1:10 pm Closing Remarks  
**José Rivera del Río, MD, FACC**

AMERICAN COLLEGE OF CARDIOLOGY  
PUERTO RICO CHAPTER

# 4<sup>TH</sup> ANNUAL CONVENTION

\*Concomitant with the ACC Puerto Rico Chapter  
21st Annual Meeting and Scientific Session

Cardiac Care Associates (CCA's)  
of the ACC Puerto Rico Chapter



May 28-30, 2010  
The Ritz Carlton Hotel  
San Juan, Puerto Rico



# Greetings!

Welcome to our 4<sup>th</sup> Annual Convention of the Cardiac Care Associates of the Puerto Rico ACC Chapter.

The CCA of the Puerto Rico ACC Chapter is pleased to have outstanding speakers in the area of cardiovascular care. We will meet with the first nurse FACC and celebrate her accomplishment, along with conferences and workshops that will provide the opportunity to enhance the already excellent cardiovascular care that as associates you are providing. I also extend you an invitation to be part of the CCA team, or renew your membership in order to continue promoting excellence in cardiac care for patients and their families.

I will personally greet you and make sure you have a superb conference experience.

**Miriam Nieto, PhD, RN, CCA**  
President

## Objectives

At the end of the conference the participants will be able to:

- Review guidelines and care for women with cardiovascular disease.
- Discuss new trends in the diagnosis and management of cardiovascular diseases.
- Apply basic concepts of EKG in the management of cardiac care in cardiovascular patients.

# Cardiac Care Associates Guest Faculty

## **Ralph G. Brindis, MD, MPH, FACC, FSCAI**

President, American  
College of Cardiology  
Senior Advisor for  
Cardiovascular Disease  
Northern California Kaiser  
Clinical Professor of Medicine  
University of California  
San Francisco, CA

## **José E. Escabí-Mendoza, MD, FACC**

Chief, Coronary Care Unit  
& Chest Pain Center  
Cardiologist Staff  
physician, Cardiology Section  
VA Caribbean Healthcare System  
San Juan, PR

## **Hilton Franqui, MD**

Fellow in Cardiovascular Diseases  
University Hospital  
San Juan, PR

## **Eileen M. Handberg, PhD, ARNP, FACC**

Associate Professor of Medicine  
Division of Cardiovascular Medicine  
Director, Clinical Trials Program  
Program Director, Florida  
CARES & CAP  
University of Florida  
Gainesville, FL

## **Ana Maldonado, MSN, CNS, FNP, RN**

Instructor  
Department of Nursing  
University of Puerto Rico Mayagüez  
Mayagüez, PR

## **Abigail Matos, DNP, MS, ANPC, RN, CCA**

Secretary/Treasurer CCA - ACCPR  
Associate Professor  
Department of Nursing  
University of Puerto Rico Mayagüez  
Mayagüez, PR

## **Margo Minnisian, ACNP-BC, MSN, CNS, FAHA, CCA**

Cardiology Nurse Practitioner  
Women's Heart Center  
Cedars-Sinai Medical Center  
Los Angeles, CA

## **Miriam Nieto, PhD, RN, CCA**

President CCA - ACCPR  
Associate Professor  
Department of Nursing  
University of Puerto Rico Mayagüez  
Mayagüez, PR

## **Evia Padilla, MSN, CCTC, RN**

Cardiac Transplant Program Coordinator  
Cardiovascular Center of  
Puerto Rico and Caribbean  
San Juan, PR

## **Donna M. Polk, MD, MPH, FACC**

Director Preventive Cardiology  
Director Women's Heart Program  
Hartford Hospital  
Hartford, CT

## **Lourdes Santiago, MSN, DE, CNS, RN, CCA**

Professor  
Department of Nursing  
University of Puerto Rico Mayagüez  
Mayagüez, PR

# Scientific Program

## FRIDAY MAY 28, 2010

- 2:50 – 3:00 pm Introduction and Welcoming remarks  
**Miriam Nieto, PhD, RN, CCA**  
President, CCA-PR
- 3:00 – 3:25 pm The convergence of Type 2 Diabetes and Cardiovascular Disease, the CCA perspective  
**Donna M. Polk, MD, MPH, FACC**
- 3:25 – 3:30 pm Questions and Answers
- 3:30 – 3:55 pm Stem cell therapy for ischemic heart disease  
**Eileen Handberg, PhD, ARNP, FACC**
- 3:55 – 4:00 pm Questions and answers
- 4:00 – 4:25 pm Guidelines and care of the heart failure patients  
**Miriam Nieto, PhD, RN, CCA**
- 4:25 – 4:30 pm Questions and Answers
- 4:30 – 4:55 pm Advance Practice Nursing as Partner of the Cardiologist  
**Abigail Matos, DNP, MS, ANPC, RN, CCA**
- 4:55 – 5:00 pm Questions and Answers

## SATURDAY MAY 29, 2010

- 8:00 – 8:20 am Registration
- 8:20 - 8:30 am Welcoming Remarks  
**Ralph G. Brindis, MD, MPH, FACC, FSCAI**
- 8:30 – 8:55 am What means being the first CCA Fellow  
**Eileen Handberg, PhD, ARNP, FACC**
- 8:55 – 9:00 am Questions and Answers
- 9:00 – 9:25 am ACC Guidelines of STEMI  
**Lourdes Santiago, MSN, DE, CNS, RN, CCA**
- 9:25 – 9:30 am Questions and Answers

9:30 – 9:55 am	Ischemic Heart Disease in Women <b>Margo Minnisian, ACNP-BC, MSN, CNS, FAHA, CCA</b>
9:55 – 10:00 am	Questions and Answers
10:00 – 10:25 am	Congenital Cardiomyopathy <b>Ana Maldonado, MSN, CNS, FNP, RN</b>
10:25- 10:30 am	Questions and Answers
10:30 – 11:00 am	<b>Coffee Break</b>
11:00 – 11:25 am	Exercise in Heart Failure <b>Eileen Handberg, PhD, ARNP, FACC</b>
11:25 – 11:30 am	Questions and Answers
11:30 – 11:55 am	Get with the Guidelines: Prevention and Management of heart disease in women <b>Margo Minnisian, ACNP-BC, MSN, CNS, FAHA, CCA</b>
11:55 – 12: 00 n	Questions and Answers
12:00 – 12:25 pm	Hypertension: Research for Evidence Based Nursing Practice <b>Lourdes Santiago, MSN, DE, CNS, RN, CCA</b>
12:25 – 12:30 pm	Questions and Answers
12:30 – 2:00 pm	<b>Lunch</b>
2:00 – 2:25 pm	Heart Transplant: Nursing Perspectives <b>Evia Padilla Fuentes, MSN, CCTC, RN</b>
2:25 – 2:30 pm	Questions and Answers
2:30 – 2:55 pm	National ACC Update <b>Ralph G. Brindis, MD</b>
2:55 - 4:00 pm	<b>2010 Distinguished Citizen Award Activity</b> <b>Amalia Martínez-Picó, MD, FACC</b>

## SUNDAY MAY 30, 2010

### Workshops

9:00 - 10:00 am	ICD and pacemakers <b>Hilton Franqui, MD</b>
10:00 – 11:00 am	Chest Pain Units <b>José Escabi-Mendoza, MD, FACC</b>

# Satellite Symposiums

Independent Satellite Symposiums are not part of the official ACC Puerto Rico Chapter 2010 Annual Meeting Scientific Program.

## FRIDAY MAY 28

2:00 – 3:00 pm

**Achieving Lipid Goals in High Risk Populations:  
Consensus and Controversy**

Speaker – Benjamin Scirica, MD, FACC

## SATURDAY MAY 29

7:00 – 7:45 am

**The Puerto Rico Cardiovascular Risk Estimation Study  
(PRCaRES): An Exploratory Assessment of New Patients  
in Physicians' Offices- Preliminary Findings**

Speaker – Wistremundo Dones, MD, FACC

12:30 – 2:00 pm

**Effient: An Antiplatelet Therapy for Patients with Acute  
Coronary Syndrome Managed with Percutaneous  
Coronary Intervention**

Speaker – José Kareh, MD, FACC

This activity is sponsored by: Eli Lilly

# Social Program

## FRIDAY MAY 28

7:00 – 11:00 pm

**Inaugural Welcome Reception for all Congress attendees**

Vista Mar Terrace

Casual Attire

## SATURDAY MAY 29

4:00 – 5:00 pm

**Distinguished Citizen Award Cocktail**

Side Gallery

7:00 – 7:45 pm

**Champagne Reception**

8:00 – 11:30 pm

**Gala Dinner and Dance**

8:30 pm

**Induction Ceremony of Luis Rodríguez Ospina, MD, FACC  
2010-2013 President & Governor**

Semi Formal Attire

### **NOTES:**

- The Saturday evening activity is ONLY for the PR Chapter ACC members and guests.
- Smoking is prohibited in all the Chapter meeting rooms / activities.
- If you have a disability, notify us of any special need. This will allow us to serve you better.
- Child Care will be provided for Friday's and Saturday's Evening Events starting at 6:00 pm until 12:00 am (5-12 years). Inquire at the ACC Puerto Rico Chapter Registration Area.

# Sponsors

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