20th Annual Convention and Scientific Program

Dedicated to
Eli A. Ramírez, MD, FACC

January 23-25, 2009
The Caribe Hilton Hotel
San Juan, Puerto Rico
Greetings!

On January 23-25 the Puerto Rico Chapter of the American College of Cardiology will celebrate its 20th Scientific Convention. To commemorate this special anniversary of the third ACC chapter in the nation we have outlined a historical event in an appealing time of the year.

For the first time in the history of the ACC we are honored with the presence of ten of the most renowned cardiologists of the world participating in a chapter meeting at the same time. Their leadership, knowledge, teaching legacy, research history and constant assistance to the growth of the ACC is what determined their deserved title: Master of the American College of Cardiology (MACC). Hence the title of this year PR ACC convention: “Meet The Masters”.

This convention will review the past, actualize the present and have a glimpse of the future of Cardiology. The topics been presented by such outstanding authorities will be an unprecedented event. Not only will we be able to hear them speak about topics which they master but will allow us to personally interchange opinions. Not only will we be able to speak directly to the people who made the historical researches, published landmark articles, and edited cardiology textbooks. All of them will be presented by our own recently elected first MACC, Dr. Mario Ruben García Palmieri.

Besides this incredible event the third Cardiac Care Associates (CCA) convention will also be celebrated concomitantly. It’s the first time the CCA will have a two day meeting with the addition of special workshops. These topics will enlighten the audience presented by dedicated invited guests and some of our own CCA. Workshop topics will include pacemaker and ICD diagnostics, arrhythmia identification, sudden death and AV block.

As is well known Puerto Rico chapter presents impressive social activities that won’t be different this year: Daily social events for the family, local Caribe Hilton amenities, island trips and daily parties will entertain our guests. An event to remember will be the Puerto Rican Christmas party to be celebrated on Friday night.

These special attractions in the PR warm ambiance will be a convention to remember. It is with great pleasure that the scientific committee and the governing board of the PR ACC Chapter invite you and your family to celebrate with us this outstanding event.

Cordially,

José R. Rivera Del Rio, FACP, FACC
President and Governor
PR ACC chapter
The Puerto Rico Chapter of the American College of Cardiology is privileged to bestow on Dr. Eli A. Ramirez this year’s Distinguished Citizen Award.

Born in Ponce, Puerto Rico, Dr. Ramirez’ professional and academic activities and accomplishments were with the VA Caribbean Healthcare System, the University of Puerto Rico School of Medicine, the American Heart Association, the American College of Physicians, the Puerto Rican Society of Cardiology and the American College of Cardiology and their local affiliates and chapters. He graduated from Marquette University School of Medicine with honors. Soon afterwards, he served in combat during World War II in Germany. His military services at the Armed Forces earned him two medals and two additional military honors. After the War, he returned to his Alma Mater to finish training in Internal Medicine and Cardiology adding two Master Degrees in Medicine. While in Wisconsin, he met Elizabeth (Betty) Hank, with whom he has been happily married for over 60 years.

Dr. Ramirez returned to Puerto Rico to start his work with the VA Caribbean Healthcare System and became its Internal Medicine and Cardiology Director for thirty-eight years. He ended his career at the VA Center as its Medical Director. Dr. Ramirez was instrumental in the organization and development of the original Puerto Rico VA Hospital into what is now a magnificent Medical Center with excellent training programs and exemplary medical services and organization.

Dr. Ramirez was instrumental in the organization and development of the Puerto Rico Heart Association. He was President of our Association and President of its Board of Directors. He was Fellow and Council Member of the National American Heart Association and President of the AHA’s International Affairs Committee. Under his leadership, the first Annual Scientific Session of the Puerto Rico Heart Association was organized. He developed local clinics for the prevention and treatment of hypertension in different worksites. They were so successful that were adopted as a model for other clinics of AHA Affiliates. He helped in sponsoring visits of prestigious cardiologists from the United States and abroad, including the visit of Dr. C. Bernard after his successful transplant operation. For all his accomplishments he was awarded the Oscar Souffront Award, the highest honor given by the Puerto Rico Heart Association for distinguished services.

Dr. Eli Ramirez has always been a very active member of the American College of Physicians. He was Governor of our local chapters and Reagent of the American College of Physicians. He successfully sponsored the request of various Latin American cardiology groups to participate in the ACP as chapters. He received the Laureate Award of our local chapter and was designated ACP Master in 1988. Dr. Ramirez was among the second group of Puerto Rican Cardiologists to be elected as Fellow of the American College of Cardiology. In the early 60’s and with the assistance of Dr. Samuel Bellet he established and organized processes for the consideration of Puerto Rican cardiologists as Fellows of the ACC. He served as local Governor for the ACC.

Dr. Eli Ramirez has always been active with the Puerto Rican Society of Cardiology and participated very actively in its Scientific Meetings and in the steering committee for two Inter American Congresses of Cardiology celebrated in Puerto Rico. Dr. Ramirez’ publications, scientific research, conferences, presentations, and a life-long history of professional achievements have earned him numerous professional and civic distinctions, prizes, and awards. His works have been presented at international meetings in the Americas and Europe. He is truly an icon for his students, residents, fellows, and colleagues. They all recognize him as a man of good work, a true friend, a person with refined insight and provider of sincere and sound advice.

Dr. Ramirez continues with a joyous union with his wife Betty and enjoying his family of four children, 11 grandchildren, and 15 great grandchildren. Betty is admired, loved, and respected in all medical circles, for she has helped Eli all throughout these years in Puerto Rico as a constant, understanding, and exemplary companion.

We are indeed honored to have Dr. Eli A. Ramirez Rodriguez as our Distinguished Citizen.
George A. Beller, MD, MACC
Past President American College of Cardiology
Ruth C. Heede Professor of Cardiology and Professor of Internal Medicine
Director, Enhanced External Counterpulsation Program (EECP)
Department of Medicine
Division of Cardiovascular Medicine
University of Virginia Health System
Charlottesville, VA

Eugene Braunwald, MD, MACC
Past President American College of Cardiology
Distinguished Hersey Professor of Medicine
Harvard Medical School
Chairman, TIMI Study Group
Brigham and Women’s Hospital
Boston, MA

Charles Richard Conti, MD, MACC, FCP(SA), FESC, FAHA
Past President American College of Cardiology
Eminent Scholar, University of Florida
Professor of Medicine
University of Florida College of Medicine
Gainesville, FL

Pamela Douglas, MD, MACC, FASE, FAHA
Past President American College of Cardiology
Director, Division of Cardiovascular Medicine
Director, Cardiovascular Imaging Center
Ursula Geller Professor for Research in Cardiovascular Diseases
Duke University Medical Center
Durham, NC

James T. Dove, MD, MACC
Immediate Past American College of Cardiology President Emeritus
Prairie Cardiovascular Consultants, Ltd
Springfield, IL

Leonard S. Dreifus, MD, MACC
Past President American College of Cardiology
Professor of Medicine and Physiology Emeritus
Hahnemann University
Philadelphia, PA

Mario R. Garcia Palmieri, MD, MACC
Distinguished and Emeritus Professor
Department of Medicine
Director, Cardiology Section
University of Puerto Rico School of Medicine
San Juan, PR

Spencer B. King, III, MD, MACC, FACP, FESC
Past President American College of Cardiology
Executive Director of Academic Affairs
Saint Joseph’s Health System
President of the Saint Joseph’s Heart and Vascular Institute
Professor of Medicine Emeritus
Emory University School of Medicine
Atlanta, GA
At the conclusion of this activity the participant will be able to:

- Understand the relationship between hypercholesterolemia and atherosclerosis
- Understand the epidemiology of coronary artery disease in Puerto Rico
- Recognize the role of multi-plane TEE and real time 3D TEE in mitral valve repair
- Demonstrate the how to incorporate the guidelines into daily practice
- Review the updates about the treatment of chronic stable angina
- Review a strategy using CT to non invasively diagnose coronary artery disease
- Review the initial medical management of chronic stable angina.
- Gain awareness in how to improve quality in cardiovascular imaging studies
- Understand the different modalities of imaging for diagnosis of coronary artery disease
- Recognize the pacemaker complications
- Review how to recognize different cardiomyopathies with electrocardiography
- Review the role of PCI in the treatment of chronic stable angina

Target Audience

This activity has been designed for cardiologists, cardiology fellows in training, cardiology nurses, internists, and other physicians interested / involved in the cardiology field.

EDUCATIONAL OBJECTIVES

Carl J. Pepine, MD, MACC
Past President American College of Cardiology
Eminent Scholar, American Heart Association
Suncoast Chapter Chair
Professor of Medicine and Director
Division of Cardiovascular Medicine
University of Florida College of Medicine
Gainesville, FL

Pravin Shah, MD, MACC
Director; Medical Director
Non-Invasive Cardiac Imaging and Academic Programs
Hoag Heart Institute
Newport Beach, CA

Alfred A. Bove, MD, FACC
President Elect
American College of Cardiology
Director
Cardiology Section
Clinical Professor Adjunct
Department of Medicine
School of Medicine
Temple University
Philadelphia, PA

ACCREDITATION

17 credit hours were requested to the Ponce School of Medicine for physicians, cardiovascular nurses and technicians.
FRIDAY JANUARY 23, 2009

7:45 - 8:45 am Registration
8:45 - 9:00 am Introduction and Welcoming Remarks
José Rivera del Río, MD, FACC
President & Governor
9:00 - 9:25 am The Puerto Rico Heart Health Program: Its contribution to the Epidemiology of Coronary Heart Disease
Mario R. García Palmieri, MD, MACC
9:25 - 9:30 am Questions & Answers
9:30 - 9:55 am Cholesterol and Atherosclerosis: A century of progress
Eugene Braunwald, MD, MACC
9:55 - 10:00 am Questions & Answers
10:00 - 10:25 am A clinician's perspective of cardiovascular disease: The next 50 years
Leonard Dreifus, MD, MACC
10:25 - 10:30 am Questions & Answers
10:30 - 10:55 am Multimodality imaging in patients with suspected or known CAD: Is there still a role for SPECT?
George A. Beller, MD, MACC
10:55 - 11:00 am Questions & Answers
11:00 - 11:30 am Coffee Break
11:30 - 11:45 am Fellow VA
11:45 - 12:00 n Fellow UDH
12:00 - 12:25 pm Incorporation of guidelines into daily practice at the point of care-new strategy
James Dove, MD, MACC
12:25 - 12:30 pm Questions & Answers
12:30 - 12:55 pm Chronic stable angina: Modern therapy in 2009
Richard Conti, MD, MACC
12:55 - 1:00 pm Questions & Answers
1:00 - 1:25 pm Non invasive risk assessment in symptomatic and asymptomatic diabetics
George A. Beller, MD, MACC
1:25 - 1:30 pm Questions & Answers
1:30 - 2:00 pm Satellite Conference
2:00 - 3:00 pm Lunch

SATURDAY JANUARY 24, 2009

8:00 - 9:00 am Registration
9:00 - 9:25 am Current state of ACC healthcare reform proposal
James Dove, MD, MACC
9:25 - 9:30 am Questions & Answers
9:30 - 9:55 am What is quality in cardiovascular imaging and how do we achieve it?
Pamela Douglas, MD, MACC
9:55 - 10:00 am Questions & Answers
10:00 - 10:25 am Role of multiplane TEE and real time 3D TEE in mitral valve repair
Pravin Shah, MD, MACC
10:25 - 10:30 am Questions & Answers
10:30 - 10:55 am ECG clues to the cardiomyopathies
Leonard Dreifus, MD, MACC
10:55 - 11:00 am Questions & Answers
11:00 - 11:30 am Coffee Break
11:30 - 11:45 am Fellow VA
11:45 - 12:00 n Fellow UDH
12:00 - 12:25 pm Coronary occlusion after acute myocardial infarction. Does the occluded artery trial (OAT) answer all the questions? Who needs opening of an occluded coronary artery?
Richard Conti, MD, MACC
12:25 - 12:30 pm Questions & Answers
12:30 - 12:55 pm Glycemic implication of blood pressure medications
Carl Pepine, MD, MACC
12:55 - 1:00 pm Questions & Answers
1:00 - 1:30 pm Satellite Conference
1:30 - 2:30 pm Lunch
2:30 - 2:55 pm Wide Pulse Pressure: A risk factor for cardiovascular disease in the elderly
Mario R. García Palmieri, MD, MACC
2:55 – 3:00 pm Questions & Answers
3:00 - 3:30 pm Remarks from the National ACC
Alfred Bove, MD, FACC - President
2009 Distinguished Citizen Award
Eli A. Ramírez Rodríguez, MD, FACC
3:30 - 4:30 pm Social Activity
4:30 – 5:30 pm
SUNDAY JANUARY 25, 2009

8:00 - 9:00 am  Registration
9:00 - 9:25 am  Selection of drug eluting or bare metal stents
                Spencer B. King, III, MD, MACC
9:25 - 9:30 am  Questions & Answers
9:30 - 9:55 am  Suspected coronary artery disease: Non invasive testing strategies
                Pamela Douglas, MD, MACC
9:55 - 10:00 am Questions & Answers
10:00 - 10:25 am Emerging insights into antiplatelet therapy
                Eugene Braunwald, MD, MACC
10:25 - 10:30 am Questions & Answers
10:30 - 10:55 am New thoughts about anti-anginal and anti-ischemic therapy
                Carl Pepine, MD, MACC
10:55 - 11:00 am Questions & Answers
11:00 - 11:30 am Coffee Break
11:30 - 11:42 am Fellow UDH
11:42 - 11:45 pm Questions & Answers
11:45 - 11:57 am Fellow VA
11:57 - 12:00 am Questions & Answers
12:00 - 12:25 pm Systolic Anterior Motion (SAM) of the Mitral Valve in diverse conditions
                Pravin Shah, MD, MACC
12:25 - 12:30 pm Questions & Answers
12:30 - 12:55 pm Satellite Symposium
12:55 - 1:00 pm Questions & Answers
1:00 - 2:00 pm Lunch

THE CARDIAC CARE ASSOCIATES (CCA) OF THE PUERTO RICO ACC CHAPTER

3RD ANNUAL CONVENTION

JANUARY 23-25, 2009
CARIBE HILTON HOTEL
SAN JUAN, PR

*Concomitant with the ACC Puerto Rico Chapter 20th Annual Meeting and Scientific Session
On behalf of the American College of Cardiology and as President of the Cardiac Care Associates Puerto Rico Chapter, receive a friendly welcome.

I wish you have an enriching experience that will update our knowledge regarding the most recent discoveries in modern cardiology.

Thank you for your attendance and we hope you enjoy the meeting.

**Ana Santana**, RN, BSN, MSN
President CCA

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**Greetings!**

Melanie T. Gura, RN, MSN, CNS, FHRS, FAHA
Director; Pacemaker & Arrhythmia Services
Northeast Ohio Cardiovascular Specialists
Akron, OH

Eileen M. Handberg, PhD, ARNP, BC
Associate Professor of Medicine
Division of Cardiovascular Medicine
Director, Clinical Trials Program
Program Director, Florida CARES & CAP
University of Florida
Gainesville, FL

Abigail Matos, RN, DNP, ANPC
Associate Professor
Department of Nursing
University of Puerto Rico
Mayagüez Campus
Mayagüez, PR

Miriam Nieto, RN, Ph.D
Associate Professor
Department of Nursing
University of Puerto Rico
Mayagüez Campus
Mayagüez, PR
FRIDAY JANUARY 23, 2009

2:50 - 3:00 pm Welcoming remarks
Ana Santana, RN, MSN, CNS

3:00 - 3:25 pm Dysrhythmia management
Melanie Gura, RN, MSN, CNS

3:25 - 3:30 pm Questions & Answers

3:30 - 3:55 pm Back to basics: Heart electrophysiology
Juan Carlos Sotomonte, MD

3:55 - 4:00 pm Questions & Answers

4:00 - 4:25 pm Complementary therapy for cardiovascular disease: Myths & facts
Abigail Matos, RN, DNP, ANPC

4:25 - 4:30 pm Questions & Answers

4:30 - 4:55 pm Weight dilemma: Evidence based research
Miriam Nieto, RN, PhD

4:55 - 5:00 pm Questions & Answers

SATURDAY JANUARY 24, 2009

9:00 - 9:25 am Scope and standards of cardiovascular care for the CCA
Abigail Matos, RN, DNP, ANPC

9:25 - 9:30 am Questions & Answers

9:30 - 9:55 am Strategies in treating cardiovascular risk: focus on women
*Post menopausal women
Eileen Handberg, RN, PhD

9:55 - 10:00 am Questions & Answers

10:00 - 10:25 am Atrioventricular block
Melanie Gura, RN, MSN, CNS

10:25 - 10:30 am Questions & Answers

10:30 - 10:55 am Sudden Death
Juan Carlos Sotomonte, MD

10:55 - 11:00 am Questions & Answers

11:00 - 11:30 am Coffee Break

11:30 - 11:55 am Cardio-metabolic risk
Eileen Handberg, RN, PhD

11:55 - 12:00 pm Questions & Answers
12:00 - 12:25 pm Evaluation of permanent pacemakers and ICD’s
Juan Carlos Sotomonte, MD
12:25 - 12:30 pm Questions & Answers
12:30 - 12:55 pm Atrial Fibrillation
Ana Santana, RN, BSN, MSN
12:55 - 1:00 pm Questions & Answers
1:00 - 1:30 pm Satellite Symposium

SUNDAY JANUARY 25, 2009
9:00 - 11:00 am Workshop 1: Sudden Death
Fellow UDH & Miriam Nieto, RN
Workshop 2: Atrioventricular block
Fellow VA & Abigail Matos, RN
Workshop 3: EKG in MI
Fellow UDH & Ana Santana, RN
Workshop 4: Troubleshooting in pacemakers and ICD’s
Fellow VA & Juan C. Sotomonte, MD
11:00 - 11:30 am Coffee Break
11:30 am - 1:30 pm Workshop 1: Sudden Death
Fellow UDH & Miriam Nieto, RN
Workshop 2: Atrioventricular block
Fellow VA & Abigail Matos, RN
Workshop 3: EKG in MI
Fellow UDH & Ana Santana, RN
Workshop 4: Troubleshooting in pacemakers and ICD’s
Fellow VA & Juan C. Sotomonte, MD
1:30 - 2:30 pm Lunch

Friday, January 23
7:30 – 11:00 pm Puerto Rican “Octavitas” Cocktail and Inaugural Reception for all Congress attendants (Casual Attire)

Saturday, January 24
6:30 – 7:30 pm Champagne Reception
7:30 pm – 11:30 pm Gala Dinner and Dance (Semi-formal Attire)

NOTES:
• This Saturday evening activity is ONLY for the PR Chapter ACC members and guests.
• Smoking is prohibited in all the Chapter meeting rooms / activities.
• If you have a disability, notify us of any special need. This will allow us to serve you better.
• Child Care will be provided for Friday, Saturday and Sunday (4-12 years).
  Inquire at the ACC Puerto Rico Chapter Registration Area.
HOTEL ROOM RESERVATIONS:

Special room rates for the Meeting at the Caribe Hilton Hotel:

Single occupancy - $220 + taxes per night
Double occupancy - $240 + taxes per night
Executive Floor Single occupancy - $260 + taxes per night
Executive Floor Double occupancy - $280 + taxes per night
Junior Suite - $450 + taxes per night
Corner Suite - $550 + taxes per night

Rates are valid until December 23, 2008

For reservations contact the hotel calling directly 787-721-0303, toll free number 1-800-468-8585 or 1-800-HILTONS.

When making the reservation request the room rate for the American College of Cardiology.

Circle appropriate fee & return to:

ACC Puerto Rico Chapter
P.O. Box 70344-PMB #24
San Juan, PR 00936-8344
Tel. - (787) 706-7495
Fax - (787) 273-6508
Email - accpr@coqui.net

PRE REGISTRATION FEE (DECEMBER 12, 2008)
PLEASE CIRCLE

$250 All Physicians
No Fee ACC Member of the Puerto Rico Chapter in Good Standing
No Fee ACC Cardiac Care Associates (CCA)
No Fee Physician in Training with Letter of Program Director
$200 ACC Non-Member of the Puerto Rico Chapter
$125 Cardiovascular Nurses, Technicians and Pharmacists
$125 Medical Scientist

PLEASE PRINT:

Name ___________________________ Address ___________________________

__________________________ ____________________________
Phone ___________________________ Fax ____________________________
Credit Card # ______________________ Name of Card ______________________
Name on Card ______________________ Exp. Date ______________________
License num. ______________________ e-mail: ______________________

Enclosed Check in the Amount of $ ______________________

Add $50 to Pre Registration Fee after December 12, 2008
For information: 787-706-7495
www.accpr.org